

# How to activate your cooling vest.



Place the entire garment in water for 2 minutes

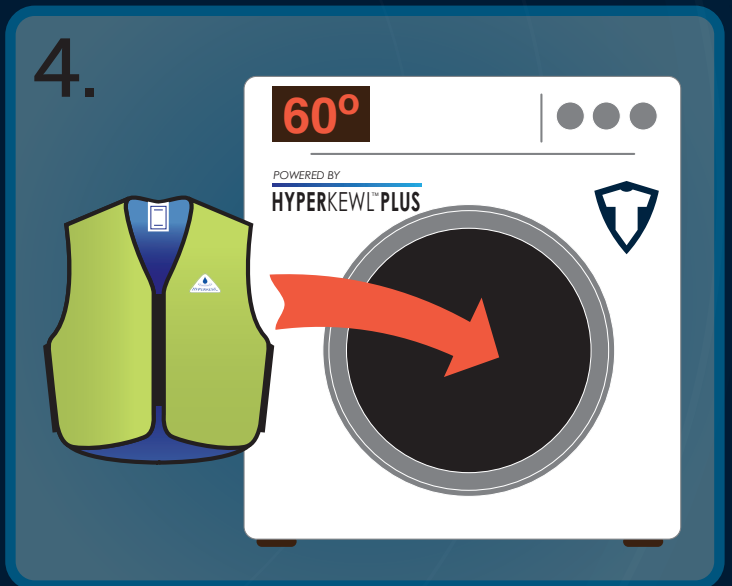
Remove excess water....



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Machine wash at your leisure when required

Wear cooling workwear as your outer layer



Dry on a hook or coat hanger after use.



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